



CPR and AED Course (CPR+AED)

Course Overview

The CPR and AED Course is designed equip safety personnel with the knowledge in identifying accidents with casualties and to perform first aid skills at the workplace

Course Content

- Understand the cardiovascular system and its importance
- Able to recognize a unconscious victim, and commence early
- Able to use an AED correctly, safely and rapidly when available
- Anatomy and physiology of the circulatory system on the heart
- Chain of survival
- Principles of resuscitation
- Universal precautions
- Resuscitation sequence and techniques for one-man CPR
- Introduction on AED, features & Indications Dangers associated with AED operations and safety
- precaution. Chest preparation
- Electrode pad placement AED procedure and troubleshooting documentation & housekeeping



Who Should Attend the Course?

- Any individuals with interest in CPR and AED or first aid or has been assigned a WSH-related role in the company.
- Must be physically fit and able to render help to another individual during an emergency

Assessment: Written Test (MCQ) & Practical Performance/Theory & Practical

Attendance: 100% (Required)

Passing Mark: 80% for each assessment mode

SDU Points: 4 SDU Points

Certification: Upon successful completion of the course a certificate

endorsed by Dynamic Safety Pte Ltd will be issued the

participants.

Price: SGD \$90.00

Pre-Requisites: Able to understand real basic English

Venue of 116 Lavender Street,

Trainig Centre: #02-01, Pek Chuan Building,

Singapore 338730

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